



Berryessa Community Center

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Bus Line: 64

Types of Programs: Adapted recreation, fee classes, rentals, senior programs, senior nutrition, youth programs and special events.

DANCE

Dancin' Boogie Babies **\$98**

Come have some fun with your little one doing the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and show tunes like "Bingo," "Wheels on the Bus," "Head and Shoulders, Knees and Toes," and more. Jump, run, hop, and boogie away with hula-hoops, dancing scarves, and beanbags. Come play with musical instruments, tunnels, balls and parachute away.

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.200	T	9/16-11/4	10:30-11:15am	19-30m	8	BR

Ballet/Tap For Tots **\$80**

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.201	W	9/17-11/5	11:00-11:55am	3-5	8	BR

Belly Dance for All Ages - **Returns!** **\$68**

Learn to Belly Dance! This unique form of dance isolates body movement to build strength, and flexibility and a more youthful appearance. All body types will appreciate this body toning class. This class is low impact and ideal for all ages. No experience necessary.

Instructor: Laura Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.202	T	9/16-11/4	7:00-8:00pm	14+	8	BR

Fairy Princess Ballerina - **New** **\$98**

Little ones dream of dancing like the Sugar Plum Fairy, Swan Princess or even Cinderella! Here is their opportunity to make this dream come true. Children will enjoy dancing with wands, crowns, scarves and other accessories. They will feel like beautiful princesses and fairies. Come learn graceful ballet steps and dances to classical music and children's popular show tunes. This is an imaginative and creative class that your child will love.

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.203	T	9/16-11/4	9:30-10:15am	2.5-3.5	8	BR

Twinkle Toes Tap/Ballet Combo - **New** **\$98**

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and a sense of rhythm. Ballet and tap shoes are recommended.

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.204	T	9/16-11/4	1:00-1:45pm	2.5-3.5	8	BR

Princess Tap/Ballet (Beg) **\$98**

All of you pretty princesses, come join this joyful class. The little ones will get to learn really fun basic tap steps and song and dance routines. They will dance with crowns, flowers and wands to beautiful Princess Ballet music while doing traditional ballet steps and dances. Come dance to the Waltz of the Flowers and make your dreams come true. This combo class will give your child a variety of two types of dance. Note: Ballet slippers/tap shoes suggested.

No Class 10/11

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.205	Sa	9/20-11/15	11:00-11:45am	4-6	8	BR

Fairy Princess Ballerina (Beg 1 and 2 level) - **New** **\$98**

Little ones dream of dancing like the Sugar Plum Fairy, Swan Princess or even Cinderella. Here is their opportunity to make this dream come true. Children will enjoy dancing with wands, crowns, scarves and other accessories. They will feel like beautiful princesses and fairies. Come learn graceful ballet steps and dances to classical music and children's popular show tunes. This is an imaginative and creative class that your child will love.

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.206	T	9/16-11/14	2:00-2:45pm	4-5.5	8	BR

Jazz Dance/Cheerleading - **New** **\$98**

A great class for all of you high-spirited kids! This exciting and energized class will teach everyone basic skills for cheerleading and dance. The students will learn creative cheer techniques, choreographed dance routines, easy gymnastic moves and much more! Come jump, shout, move, and groove to really cool and fun music! **Note:** socks and sneakers required.

No Class 10/11

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.207	T	9/16-11/4	3:00-3:45pm	5-8	8	BR
212.2.208	Sa	9/20-11/15	12:00-12:45pm	5-8	8	BR

Tiny Tot Tap/Ballet (Beg) **\$98**

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and a sense of rhythm. Ballet and tap shoes are recommended.

No Class 10/11

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.209	Sa	9/20-11/15	10:00-10:45am	2.5-3.5	8	BR



EARLY CHILDHOOD RECREATION

Kinder-Ready

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music and games to develop socialization skills, eye-hand coordination and motor skills. Child must be at least 4 years old before the first day of class AND must be entering Kindergarten in Fall 2009. A child may not be enrolled in more than one Kinder-Ready class. NO EXCEPTIONS. Each child enrolled must have a parent or adult caregiver help in class and provide a snack during the session as assigned by instructor. Food may be provided for special events.

\$478

No Class 10/13

Instructor: Tannitad

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.300	MWF	9/15-11/21	9:00-11:30am	4-5	29	BR
212.2.301	MWF	9/15-11/21	12:00-2:30pm	4-5	29	BR

\$518

Instructor: Trivedi

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.302	M-F	9/15-10/31	9:00am-12:00pm	4-5	34	BPC*
212.2.303	M-F	9/15-10/31	1:00-4:00pm	4-5	34	BPC*

\$238

No Class: 11/11

Instructor: Trivedi

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.304	M-F	11/3-11/21	9:00am-12:00pm	4-5	14	BPC*
212.2.305	M-F	11/3-11/21	1:00-4:00pm	4-5	14	BPC*

* Location: Berryessa Portable Classroom (BPC), 3466 Grossmont Dr & Noble Ave.

Wee Threes & Fours Returns - **New Location!** **\$268**

A socialization program that emphasizes positive self-esteem, following direction and simple learning concepts. Activities include circle time music, song stories, and arts & crafts. Food may be provided at special events. Children must be potty trained. **Location:** Room 1

Instructor: Tannitad

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.1.306	T/Th	9/16-11/6	9:00-11:00am	3-4	16	BR
212.1.307	T/Th	9/16-11/6	11:30am-1:30pm	3-4	16	BR

Saturday Tot Program - **New** **\$78**

Share creative moments with your toddler as we make unique artwork. Your child will enjoy letting loose in a creative environment and you will learn to explore your own creativity as well. An adult must accompany registered child to class. Daddies welcome too! **Location:** Berryessa Portable Classroom (BPC), 3466 Grossmont Dr & Noble Ave.

Instructor: Trivedi

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.311	Sa	10/18-11/22	9:30-11:30am	1.5-3.5	6	BPC

Terrific Tots

\$98

This is a creative, imaginative, and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and preschool songs. Everyone plays with hula-hoops, balls, scarves, and musical instruments. Come jump, run, hop, and frolic around.

Instructor: DanceKids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.313	T	9/16-11/14	11:30am-12:15pm	2-3.5	8	BR

Parent Toddler Gymnastics

\$80

This is a parent participation class where the parent can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in the class.

Instructor: Dance Arts Academy

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.2.319	W	9/17-11/5	9:00-9:55am	22-36m	8	BR

MUSIC/THEATER ARTS

Guitar Beginning

\$66

Begin to play classic guitar, pieces adapted for beginners. No need to read music. Bring your own instrument and pick. **Location:** Room 3.

No Class 10/11

Instructor: Recreation USA

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.410	Sa	9/20-11/1	10:30-11:30am	7-13	6	BR

Guitar for Adults - **New**

\$66

This class is designed for aspiring guitar players with little or no experience. The primary goal of the class will be to teach students how to play chord arrangements, strum patterns and scales. By the end of class, students will learn how to read song books and play their favorite tunes. **Location:** Room 3.

No Class 10/11

Instructor: Recreation USA

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.411	Sa	9/20-11/1	11:45am-12:45pm	14+	6	BR

Parent & Child Keyboard for 3-5yr olds - **New**

\$86

Don't miss this chance to introduce your child to the study of piano, note Reading, rhythm and melody through games and activities. Each child will have a keyboard to use with their parent. Fee includes one parent and child. A \$15 dollar fee is due at the beginning of class for the study Book. **Book 1**-new students or students still working on book 1, **Book 2 & Up**-students who have completed Book 1. **Location:** Berryessa Portable Classroom (BPC), 3466 Grossmont Dr & Noble Ave., Room 1

No Class 10/11

Instructor: Noteworthy

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.412	M	9/15-11/10	10:00-10:45am	(2)3-5	8	BPC
212.2.413	M	9/15-11/10	10:45-11:00am	(2)3-5	8	BPC
212.2.414	M	9/15-11/10	11:00-11:45am	(1)3-5	8	BPC
212.2.415	M	9/15-11/10	12:15-1:00pm	(1)3-5	8	BPC

If you see **graffiti** in a park, call 408 277-2758

**Adult Piano – New****\$86**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A music book fee payable to the instructor will be collected at the first class. Students must bring their own set of headphones. **Location:** Berryessa Portable Classroom (BPC), 3466 Grossmont Dr & Noble Ave.

No Class 10/11

Instructor: Noteworthy Music

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.416	M	9/15-11/10	7:00-7:40pm	13+	8	BPC

Piano Keyboard – (Level 1, 2 & 3)**\$86**

This is a class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. **Location:** Berryessa Portable Classroom (BPC), 3466 Grossmont Dr & Noble Ave., Rm 1

No Class 10/11

Instructor: Noteworthy Music

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.418	M	9/15-11/10	3:15-3:55pm	6-7(1)	8	BPC
212.2.419	M	9/15-11/10	4:00-4:40pm	6-12(2/3)	8	BPC
212.2.420	M	9/15-11/10	4:45-5:25pm	6-12(2/3)	8	BPC
212.2.421	M	9/15-11/10	5:30-6:10pm	6-12(2/3)	8	BPC
212.2.422	M	9/15-11/10	6:15-6:55pm	8-12(1)	8	BPC
212.2.423	F	9/19-11/7	3:15-3:55pm	6-7(1)	8	BPC
212.2.424	F	9/19-11/7	4:00-4:40pm	6-12(2-3)	8	BPC
212.2.425	F	9/19-11/7	4:45-5:25pm	6-12(2-3)	8	BPC
212.2.426	F	9/19-11/7	5:30-6:10pm	8-12(1)	8	BPC

Music Together – New**\$214**

Music Together is an international, music and movement program for children and their caregivers. It is research-based, developmentally appropriate, fun and informal, providing stimulating experiences for both child and caregiver regardless of one's musical abilities. Songs, chants, instrumental play and dance are experienced in a non-performance, mixed-age setting. Ages 0–4. Harmony Makers Staff, www.harmonymakers.com. A **mandatory \$40 material fee is payable to instructor the first class**. Includes songbook, 2 CDs and a parent guide for parents new to the program. Siblings under the age 8 months are free. **Location:** Berryessa Portable Classroom, 3466 Grossmont Dr. & Noble Ave.

Instructor: Harmony Makers

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.427	F	9/19-11/21	9:30-10:15am	0-4	10	BPC
212.2.428	F	9/19-11/21	10:30-11:15am	0-4	10	BPC

SPORTS & FITNESS

Our Badminton program has moved to the Berryessa Youth Center on Morrill Ave., San José.

Family Skate Lessons – New Program \$40 per person

Now you and your child can learn how to skate safely and have fun together! This class will teach all participants how to stop correctly, stride, and turn-around with confidence. All participants are encouraged to wear the appropriate safety clothing, i.e. knee, elbow, and wrist pads, and helmet to each class. No experience necessary. **Location:** BYC Berryessa Youth Center

No Class 10/11, 11/29

Instructor: Staff

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.500	Sa	9/20-11/1	12:15-1:15pm	4+	6	BYC
212.2.501	Sa	11/8-12/20	12:15-1:15pm	4+	6	BYC

Gymnastics**\$80**

Learn basic floor gymnastics skills such as cartwheels, backbends, headstands, etc. Wear comfortable clothing.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.504	W	9/17-11/5	4:30-5:25pm	5+	8	BR

Kinder Gym**\$80**

Kinder Gym is designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are welcome to attend the first 10 minutes of the first class and attend the last meeting. Those students with long hair are required to tie it back.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.506	W	9/17-11/5	10:00-10:55am	3-6	8	BR
212.2.507	W	9/17-11/5	3:30-4:25pm	3-6	8	BR

Karate (Shotokan) Beg./Inter./Adv.**\$148**

Beg: Funakoshi Shotokan Karate teaches Japanese culture, self-defense, and stresses the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Inter/Adv: Students who have already studied Funakoshi Shotokan and earned the rank of yellow belt and above are welcome in this class. Intermediate and advanced (forms) and tournament style kumite (sparring) geared for Olympic competition are taught. Wear loose and comfortable clothing the first day of class and check with the instructor for more details on clothing requirements. All levels are welcome. There is an additional fee for uniform, belt testing and certification payable to the instructor. **Funakoshi Shitikan Karate:** 1293 S Park Victoria Dr., Milpitas 95035

No Classes 10/13

Instructor: Kyle Funakoshi

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.509	M/W	9/15-11/10	6:00-7:00pm	5+	16	BR
212.2.510	T/Th	9/16-11/6	6:00-7:00pm	5+	16	BR

Berryessa Community Center continues on page 74.

“SPORTS FOR ALL”**THROUGH CITYWIDE
ADAPTED SPORTS!**



SPORTS & FITNESS

Kidz Love Soccer (KLS)

\$94

KLS is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shinguards are required after the first class meeting. **Tot Soccer: 3.5-4 years-**Encourages motor skills and introduces small children to the group setting. **Pre-Soccer: 4-5.5 years-**Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1: 5-6 years** teaches the basic techniques of soccer for beginners. Dribbling, passing, receiving, and shooting. **Soccer 2: 7-8 years-**Same as Soccer 1, also introduces team tactics. **Soccer 3: 9-12 years-**Same as Soccer 1 and 2, but also introduces advance soccer techniques and tactics. **NO CLEATS ALLOWED.**

No Class 11/8, 11/29

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.511	M	9/22-11/17	2:40-3:15pm	4-5	9	BR
212.2.512	M	9/22-11/17	3:15-4:00pm	5-6	9	BR
212.2.513	M	9/22-11/17	4:00-4:45pm	7-8	9	BR
212.2.515	M	9/22-11/17	4:45-5:15pm	3.5-4	9	BR
212.2.517	Sa	9/27-12/6	9:00-9:30am	3.5-4	9	BR
212.2.518	Sa	9/27-12/6	9:35-10:10am	4-5	9	BR
212.2.519	Sa	9/27-12/6	10:15-11:00am	5-6	9	BR
212.2.520	Sa	9/27-12/6	11:05-11:50am	7-8	9	BR
212.2.521	Sa	9/27-12/6	11:05am-12:05pm	9-12	9	BR

Mommy/Daddy & Me Soccer

\$94

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

No Class 11/8, 11/29

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.522	M	9/22-11/17	3:15-3:45pm	2-3.5	9	BR
212.2.523	Sa	9/27-12/6	2:30-3:00pm	2-3.5	9	BR

Tennis Fun for Little Ones - **New**

\$114

Young children are introduced to tennis and helped to develop the necessary motor skills needed for athletic development. Age specific warm-ups, and instruction will include the new multi-colored foam balls and a mini net that enhances quicker learning. Instructor will provide racquets for students to use during class. The goal of this program is to have fun while playing, and be taught simplified techniques that will promote coordination and confidence. Class size will be limited to 6-10 students. **Location:** Cataldi Park

No Class 10/11

Instructor: Silicon Valley Tennis

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.524	T	9/16-11/4	2:30-3:00pm	3-5	8	CP
212.2.525	Sa	9/20-11/15	9:00-9:30am	3-5	8	CP

Tennis - Beginning/Intermediate

\$114

This class is for the person just starting out, as well as the player who has had a series of lessons and can make contact with the tennis ball! Learn the basic strokes, etiquette and rules of the game. Bring one can of new balls to the first day of class. **Location:** Cataldi Park

No Class 10/11

Instructor: Silicon Valley Tennis

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.527	T	9/16-11/4	3:00-3:55pm	6-9	8	CP
212.2.528	T	9/16-11/4	4:00-4:55pm	8-13	8	CP
212.2.529	F	9/19-11/7	3:00-3:55pm	6-9	8	CT
212.2.530	F	9/19-11/7	4:00-4:55pm	8-13	8	CT
212.2.531	Sa	9/20-11/15	9:30-10:25am	6-9	8	CP
212.2.532	Sa	9/20-11/15	10:30-11:25am	8-13	8	CP
212.2.533	Sa	9/20-11/15	11:30am-12:25pm	8-13	8	CP

Coed Badminton BEG and INT at BYC - **New Levels**

\$58

Learn the fastest racquet sport in town! Basic fundamentals, techniques and skills for badminton will be taught to students ranging in age (6yrs+). Classes will be for beginners, intermediate and advanced levels. Instructor will assess your skill level at the first class meeting. **Participants must wear proper attire:** T-Shirt, shorts or warm-up pants and appropriate court shoes, (no heels allowed on the court). Participants must bring in their own badminton racquet, new birdies and a full water bottle to each class. Food and beverages (other than water) are not allowed in the Gymnasium.

Location: BYC: Berryessa Youth Center, 1070 Morrill Ave

No Class 11/27

Instructor: Huang

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.534	BEG Th	9/18-10/16	6:30-8:00pm	6+	5	BYC
212.2.535	INT Th	11/6-12/11	6:30-8:00pm	12+	5	BYC

Coed Volleyball - **Returns**

\$68

This great sport never grows old and offers a great workout! This class will have multi-levels of instruction for Beg. Int. and Adv. players and game play. This sport builds great team sportsmanship too. **Location:** BYC: Berryessa Youth Center, 1070 Morrill Ave.

No Class 11/11

Instructor: Huang

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.536	T	9/16-11/4	7:00-8:30pm	14+	8	BYC

Fit 4 Kidz - **New**

\$68

Fitness 4 Kidz is a non-competitive, age-appropriate fitness program that encourages kidz to participate in activities that will improve their physical well-being, and teach them skills to promote better health and better eating habits! The program builds self-esteem by employing "Phat Facts"™ and take-home "Snackactivities"™ along with multiple, fun-centered physical activities. Our professional, enthusiastic staff will create a positive, fun environment! Kidz will receive their own set of "Phat Fact"™ and "Snackactivities"™ Cards, and include a chance to earn points which will net rewards like Fitness 4 Kidz hats, water bottles, and other fun, fitness accessories. KLS Rain-out Hotline in brochure: 1-800-871-2275

No Class 11/11

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.537	T	10/14-11/25	3:45-4:30pm	5-6	6	BR
212.2.538	T	10/14-11/25	4:30-5:30pm	7-8	6	BR
212.2.539	T	10/14-11/25	4:30-5:30pm	9-11	6	BR
212.2.540	T	10/14-11/25	5:30-6:30pm	12-14	6	BR

**Latin Core Workout – New****\$58**

Are you ready to learn the core basics of Latin Dancing as well as get a great workout? Then this course is for you. It is a non-stop, energetic, and totally enjoyable cardio class that will keep up your motivation to shed unwanted pounds. Sneakers are required, as well as a bottle of water and a towel. Partner not required.

Instructor: Garcia

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.541	T	9/16-10/21	7:00-8:00pm	14+	6	BR

Hula Workout – New**\$58**

You will gain knowledge of authentic Hawaiian dancing as well as the culture. Hawaiian dance basics you will get your heart racing and help you to lose weight. A percussionist will call out native Hawaiian language terms as you and your classmates dance in unison and synchronize movements. Requirements: A towel, water and socks, as you will be dancing barefoot.

Instructor: Garcia

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.542	T	10/28-12/2	7:00-8:00pm	14+	6	BR

SPORTS LEAGUES**Tennis League – New Age Division****\$114**

This is a great opportunity for children of all ages and abilities to play in a non-competitive, fun league. The purpose of the league is to practice what has been taught in previous classes. Children are placed on teams according to their level of ability.

*No Class 10/11, 10/12**Instructor: Silicon Valley Tennis*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.900	Sa	9/20-11/15	1:00-2:30pm	6-12	8	CP
212.2.901	Sa	9/20-11/15	2:30-4:00pm	13-18	8	CP
212.2.902	Su	9/21-11/16	1:00-3:00pm	10-16	8	CT

Winter Warriors Soccer League – New**\$68**

Join Kidz Love Soccer for games all winter long. Boys and girls will play along side their favorite teammates if a format of 6 vs. 6 play. This format provides players multiple touches on the ball, lots of running, and super soccer action! Players will receive tactical and technical instruction from a Kidz Love Soccer coach, who also officiates the game. The league emphasizes fun, competition, and learning. In addition players will receive a Winter Soccer League T-shirt. KLS Rain-out Hotline: 1-800-871-2275.

Level 1 (5-6yrs) 2:00–2:45pm

Level 2 (7-8yrs) 3:00–3:45pm

Level 3 (9-12yrs) 4:00–5:00pm

*No Class 12/27**Instructor: Kidz Love Soccer*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.903	Sa	12/6-1/17	2:00-2:45pm	5-6	6	BR
212.2.904	Sa	12/6-1/17	3:00-3:45pm	7-8	6	BR
212.2.905	Sa	12/6-1/17	4:00-5:00pm	9-12	6	BR

SATISFACTION is important to us.

We want to provide quality programs to all participants. If you are not satisfied with your program, let us know. Contact staff at your local facility, or call 408-535-3570.

SPECIALTY CLASSES**O-Sushi Workshop – Returns!****\$68**

Learn to prepare the rice for making Nigiri Sushi, California Roll, Maki Sushi, Inari Sushi and more! This class is fun and informative. Bring an apron and some foil and carrying bag for delicious leftovers. **Location:** Room 1

Instructor: Tannitad

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.633	Th	9/18-9/25	6:30-8:30pm	16+	2	BR
212.2.634	Th	11/6-11/13	6:30-8:30pm	16+	2	BR

Thai Cooking Made Easy! – Returns!**\$68**

In this demonstration class you will learn how to make popular and delicious Thai dishes from our former Thai Restaurant Chef/Owner who will instruct you every step of the way allowing you to go home and prepare your own dishes for family and friends.

Instructor: Tannitad

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.635	T	10/7-10/28	6:30-8:30pm	16+	4	BR

Yummy Chocolates! – New**\$58**

It's hard not to enjoy the fun of making and eating the delicious chocolate candy that you will create! Simple recipes will be provided at each session so you can share with family members at home and with friends. **Location:** Room 1

Instructor: Tannitad

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.630	F	10/3-10/24	3:30-5:00pm	7-12	4	BR

ADULT CLASSES**Aerobics****\$108-16 mtgs./\$58-8 mtgs.**

Work at your own pace to a high-energy format. In class you will get your overall workout with emphasis on toning muscle, gaining strength, and increasing flexibility, while improving cardiovascular level. Total fitness is put to music. No children allowed in class. Please bring a floor mat or towel.

*No Class 10/11, 10/13, 11/8**Instructor: Martin*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.701	M/W	9/15-11/10	9:00-10:00am	18+	16	BR
212.2.702	Sa	9/20-11/22	9:00-10:00am	18+	8	BR
212.2.703	M/W	11/17-12/10	9:00-10:00am	18+	8	BR

Cardio Sculpt**\$108-16 mtgs./\$58-8 mtgs.**

A co-ed activity with a combination of aerobics and muscle toning activities. Both men and women can benefit from the program that helps to make men more “buffed” and women more shapely while becoming more fit. A good way to help reduce the effects of aging. Make your heart happy! Non-competitive. Work at your own level from easy to advanced. Even couch potatoes can be successful here!

*No Class 11/11, 11/27**Instructor: Martin*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.704	T/Th	9/16-11/6	6:15-7:00pm	18+	16	BR
212.2.705	T/Th	11/18-12/16	6:15-7:00pm	18+	8	BR



ADULT CLASSES

Fashion Illustration – **New** \$58

Learn great techniques in fashion design. Make it a hobby or learn the Basics before taking more advanced design classes. **Location:** Room 3.

Instructor: Barcelona

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.706	T	9/16-11/4	6:00-7:00pm	14+	8	BR

Oil Painting – **New** \$58

Oil painting is easy once you learn the basics, and later become comfortable with intermediate to advanced techniques of this beautiful Art. A supply list will be sent to you with your receipt. **Location:** Room 3.

No Class 10/13

Instructor: Barcelona

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.707	M	9/15-11/10	6:00-7:30pm	14+	8	BR

Adult-Tennis Beg. and Int./Adv. – **New** \$114

This class is for the person just starting out, as well as the player who has had a series of lessons and can make contact with the tennis ball! Learn the basic strokes, etiquette and rules of the game. Bring tennis racquet for each class and one can of new tennis balls to the first Day of class **Location:** Cataldi Park

No Class 10/11

Instructor: Silicon Valley Tennis

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.708	Sa	9/20-11/15	8:00-9:00am	16+	8	CT

Saturday Yoga – **New** \$58

Increase your strength, flexibility, inner balance, and vitality by participating in this class designed to reconnect you to your inner self. Bring your mat and water bottle.

No Class 10/11, 11/8

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.709	Sa	9/20-11/22	10:15-11:00am	16+	8	BR

Evening Yoga – **New** \$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.710	T	9/16-11/4	7:00-8:00pm	16+	8	BR

Morning Yoga \$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.711	T	9/16-11/4	9:00-10:00am	18+	8	BR

Berryessa Youth Center

1970 Morrill Ave., San Jose, CA 95132

Phone: 408-262-1014

Fax: 408-262-1060

Contact: Angela Martignetti

Supervisor: Kendra Yarn

Email: kendra.yarn@sanjoseca.gov

Bus Line: 64

Berryessa Youth Center strives to provide quality recreational activities, educational and cultural programs to the youth of the community. The Youth Center works collaboratively with the school to ensure that all youth have access to safe meaningful programs designed to meet their needs.

DROP-IN

Hours Effective September 2, 2008

HOURS: M/T/W/F 2:30-5:30pm · Th 1:00-5:30pm

Drop-In Activities include: Homework time, Sports, Game Room, clubs, and Lounge.

For ages 11-18yrs or 6th to 12th grades enrolled.

Membership Fee: \$40 with a current student I.D. during '08-'09 School Year

Youth Open Gym – **New**

Friday Evenings 6:00-9:00pm

\$2 a visit or \$15 for 10 visits

The Berryessa Youth Center offers an open gym program for youth. Come join friends and make new ones for fun sport games on Friday evenings. Activities can include organized sports, sport tournaments and open gym. Middle school/High school students welcome (School I.D. Required)

The City of San José Parks and Recreation Commission advises the City Council and the PRNS Director, and provides input into policies and issues affecting existing or proposed parks, community centers, and recreation programs

Parks and Recreation Commission Meetings on the First and Third Wednesday of the month at 5:00 p.m.

For Information call:

(408) 535-3570

www.sanjoseca.gov/prns/comms



Parks, Recreation and Neighborhood Services